

Kezia Rebekah Ramsagar

A Detailed Oriented, Fun and Friendly Teampayer

Hyderabad, Telangana

keziaramsagar@gmail.com

+91 91103 60274

Willing to relocate: Anywhere

Work Experience

Community Support Worker

Queens County Residential Services Inc. - Charlottetown, PE

February 2021 to June 2022

- Responsible for the daily hygienic tasks of individuals with physical and mental disabilities. Including tasks like clothing, showering, and getting ready for the day/for bed.
- Administered routine medications to clients with precision and caution, as well as collaborating with doctors for the alteration of medication when needed.
- Supported clients emotionally through speaking with them, understanding how they feel, and calming them down when agitated or upset.
- Helping clients with daily tasks while promoting independence.
- Facilitated daily and weekend activities according to clients' interests.
- Ensured that clients ate healthy and balanced meals through cooking dishes and snacks daily.
- Ensured that common areas and clients' rooms were clean and tidy, as well as laundry being washed and organized.
- Created strong relationships with clients' guardians to work together for their best interest.
- Accompanied clients to the hospital and appointments to advocate and assist them when needed.
- Counted PRNs according to procedure and on a routinely basis

Host

Andrews Senior Care - Charlottetown, PE

October 2020 to February 2021

- Facilitate visits between residents and their family members
- Screen visitors for Covid 19 symptoms upon arrival
- Arrange schedules for smooth work/ visitation flow
- Answer phone calls, especially those related to the changing restrictions and rules
- Sanitize any gifts or products being brought in for the residents
- Oversee visits to ensure all protocol are being followed and that the residents and visitors are comfortable.

Receptionist

Andrews Senior Care - Charlottetown, PE

October 2020 to February 2021

- Responsible for answering phone calls
- Organizing schedules and finding coverage for missing shifts
- Take messages for appropriate individuals if they are not available

- Page and forward calls to the appropriate people in the building, i.e kitchen staff or nurse
- Deliver packages from pharmacy to nurses needed to be signed
- Directing and answering any questions callers might have

Coordinator

Whisperwood Villa - Charlottetown, PE
March 2020 to August 2020

- Responsible for coordinating outdoor and indoor visits between elderly residents and their family members, a new position that arose due to COVID 19 and the concern with the elderly.
- Ensuring that visitors met the criteria to see their loved ones such as taking temperatures and asking their recent travel history.
- Overseeing if visitors were adhering to rules such as no touching, sanitizing, and wearing a mask due to COVID 19.
- Sanitizing meeting areas and residents regularly before and after each visit.

Elderly Caregiver

Whisperwood Villa - Charlottetown, PE
September 2019 to August 2020

- Get residents ready for the day and get them ready for bed
- Serve meal trays and assist in feeding when needed
- Assist residents when they need help
- Do their laundry and change sheets
- Answer call bells when residents rang for assistance or requests.
- Assist them when using the bathroom and other similar tasks.
- Created a safe and caring living environment for senior citizens to feel comfortable during retirement

Activity Aide

Whisperwood Villa - Charlottetown, PE
May 2019 to August 2020

- Facilitate activities for residents
- Encourage and assist residents to attend various activities and get involved
- Assist in serving meals and feeding residents who are unable to do so themselves
- Chat with residents and visit the rooms of those who cannot leave or have visitors, make sure that they feel heard, loved and looked after.
- Make residents smile and feel comfortable with the aging process
- Serve guests and host special dinners for residents, family members, and volunteers.

Child Care/ Homeschool Teacher

Homeschool Program - Nassau, BS
June 2018 to June 2018

- Nassau, Bahamas
- Provided care for children ages 2, 5, 8 and 12.
- Taught math, english, reading, and science at the elementary level to these children and helped them with homework and exercises.
- Followed an American homeschooling program to ensure children were learning new skills and concepts.
- Played games with the kids at breaks and taught them the lessons in new and interesting ways.
- Babysat for the toddler while the teacher dealt with the other students.

- Fed, entertained, and watched the baby during breaks and times of need.
- Marked assignments and administered tests to the elementary students.

School Secretary

Pace Christian Academy - Nassau, BS

April 2018 to June 2018

- Nassau, Bahamas

- Typed and printed documents necessary for the school
- Answered calls and took messages for the principal and teachers in the name of the school
- Assisted the teachers in any way possible, such as printing worksheets and forwarding emails to them

Education

Bachelor's Degree in Psychology (Major), Sociology (Minor)

University of Prince Edward Island - Canada

September 2017 to December 2021

Diploma

Kingsway Academy High School - Nassau, BS

June 2017

Skills / IT Skills

- Senior Care
- Medication Administration
- Developmental Disabilities Experience
- Autism Experience
- Dementia Care
- RCW Experience
- Human Services Experience
- Social Work
- Alzheimer's Care
- Childcare
- English
- Case Management
- Microsoft Office (7 years)

Languages

- English - Advanced

Certifications and Licenses

CPR and First Aid

May 2019 to Present

Successfully completed a first aid/ emergency response and cpr course with St. Johns Ambulance

GPA

October 2019 to Present

Able to assist and deal with elderly and patients that have forms of dementia.

NGO, Non-Profit / Student Organizations

Blue Hill Gospel Chapel- Bible Vacation School

June 2015 to August 2017

- Worked with a team of like minded youth to oversee a Bible summer camp in The Bahamas.
- Taught lesson plans and stories to all ages- from 2 years to 12 years old.
- Created and played games during break times with the children to encourage teamwork and community
- Provided lunch and snacks for all children according to their needs and timings

UPEI- International Buddy Program

June 2019 to December 2021

- I was paired with a new international student to guide them through the transition process into Canada and the local university (UPEI)
- Assisted international students with integrating into Canadian life; such as course and professor questions to bus route schedules to local part time job opportunities
- Made new students feel welcomed and encouraged a community around them to reduce feelings of homesickness
- Joined in campus activities with students to support them
- Personally created connections with students from Japan, India, and Trinidad and Tobago

Additional Information

References can be provided at request.